

ID Number	Date Submitted	Who were the essential oils used on	What Essential Oils were used	How were they used	Were the essential oils diluted or used undiluted	What was the percentage of essential oil used	How many applications	Essential Oil Brand used	Was the oil over 6 months old
#2	9/29/2013	Myself, female, 34	Lemon EO, Peppermint EO	Oral ingestion	Undiluted	1-2 drops per 16 oz. bottle	1 or 2	Young Living	no
#3	3/1/2014	Myself, female, 34	Lemongrass	Oral ingestion	Completely undiluted	10 drops in a veggie cap, taken 1-2x per day	I think 3-4 days, not longer than a week	doTERRA	no
#4	9/26/2013	My mother - female, 63	Slim & Sassy blend - grapefruit, lemon, peppermint, ginger, and cinnamon (bark); Citrus Bliss - wild orange, lemon, grapefruit, mandarin, bergamot, tangerine, clementine, vanilla; other citrus EOs.	Ingested orally in drinking water.	Totally undiluted.	no comment	Oils were drunk throughout the day in water, usually served over ice	All oils were from doTERRA	no
#5	9/26/2013	Myself, female, 34	Slim & Sassy blend - grapefruit, lemon, peppermint, ginger, and cinnamon (bark); Citrus Bliss - wild orange, lemon, grapefruit, mandarin, bergamot, tangerine, clementine, vanilla; Lemon EO, Wild Orange EO, Lime EO, Grapefruit EO, Peppermint EO, Spearmint EO, Tangerine EO	Oral ingestion	Oral ingestion	2 drops to 1 quart of water	Drunk throughout the day, usually over ice	doTERRA	no
#6	9/26/2013	Myself, female, 34	DigestZen essential oil blend - Ginger, peppermint, tarragon, fennel, caraway, coriander and anise	Oral ingestion	Totally undiluted	10 drops added to a veggie cap or taken in a "shot" with an ounce or two of water	More than a dozen, not sure exactly	doTERRA	no
#7	9/26/2013	Female, 38	Balance Blend (spruce, rosewood, blue tansy, frankincense), Lavandula augustifolia, melaleuca alternifolia, On Guard Blend (cinnamon, clove, eucalyptus, orange, rosemary) AromaTouch blend (basil, grapefruit, cypress, marjoram, lavender, peppermint), Deep Blue Blend (wintergreen, camphor, peppermint, blue tansy, german chamomile, helichrysum, osmanthus), peppermint, sweet orange	Topically	Fractionated coconut oil was applied to the back first but all oils were used undiluted, dropped on the back	4 drops for every essential oil	once	doTERRA	I don't know
#8	9/26/2013	39 year old female (self)	Slim & Sassy metabolic blend (grapefruit, lemon, peppermint, ginger, cinnamon) doTerra Aroma Touch Massage Blend (basil, grapefruit, cypress, marjoram, peppermint, lavender 2, Balance Blend (spruce, rosewood, frankincense, blue tansy) Deep Blue Blend (Wintergreen, camphor, peppermint, blue tansy, German chamomile, helichrysum and osmanthus) On Guard Blend (Wild orange, clove, cinnamon, eucalyptus, and rosemary) Lavender, Melaleuca, Peppermint, Wild Orange	Oral ingestion: Slim & Sassy metabolic blend (grapefruit, lemon, peppermint, ginger, cinnamon) in water. Topical application, doTerra Aroma Touch Massage	Oral ingested blend: approximately 3 drops in glass of water (possibly 16 ounces)	No measuring, approximately 3 drops of ingested blend in glass of water (possibly 16 ounces)	Orally: I drank a few sips, added more water, still could not drink it. Total of approximately 2 ounces consumed.	doTERRA	unknown
#9	9/26/2013	39 year old female (self)	http://www.aromatouchtechnique.com/reference/	Topical application, doTerra AromaTouch Massage	Topical blend: Fractionated coconut oil applied to back before adding undiluted oils	small amount of Fractionated coconut oil applied to back before adding undiluted oils topically, possible undiluted oils on bottoms of feet	one AromaTouch Massage	doTERRA	unknown
#10	9/26/2013	my 5 year old daughter	Purification, blend, Young Living	I applied two drops of oil topically, neat, on middle/center of her chest, covering an area about the size of a golf ball	neat	2 drops	one	Young Living	no
#11	10/1/2013	Female, 60	Lemon	oral ingestion		1-2 drops per 8 oz of water 10 times per day		doTERRA	unknown
#12	10/14/2013	Myself, 44, female	A blend from a MLM company of Wild Orange, Clove Bud, Cinnamon Bark, Eucalyptus leaf/stem, Rosemary leaf/stem Botanical names not listed on bottle	topically	neat - I was directed to use it neat and also to ingest it	2-3 drops (as directed)	2x a day (as directed)	doTerra	No, I just purchased it.
#13	2/24/2014	myself, Female, age 43	DoTerra Frankincense, Lavender, Peppermint, lemon, orange, en guard, deep blue, melaleuca, life long vitality pack supplements (allegedly containing a whole list of essential oils) Also used Breathe for stuffy nose and their Past Tense blend topically for headaches. Also tried their Clary Calm blend on abdomen for cramps.	I was taking half the dose of the life long vitality pack supplements, a couple drops of orange or lemon in water 2-3 times a day, a couple drops of frankincense in water in the evening, and bathing with a few drops of lavender and frankincense in my bath. Also used melaleuca, lavender and frankincense (usually mixed with coconut oil) on my face. Used deep blue on painful tailbone after a fall. used Past Tense topically for headaches and Clary Calm topically for cramps. Also, I put many of the oils at different times in my diffuser. Finally, I was sharing the oils a lot with friends and family so I did at least two Aroma Touch technique massages on my husband and daughter and then abbreviated Aroma Touch on hands of friends a half dozen times within the space of 3-5 days and that includes 8 different oils. Balance, lavender, en guard, melaleuca, aroma touch, ?, orange and peppermint.	Some used undiluted-like past tense and clary calm and an occasional drop of orange, frankincense or lemon on my neck. Other times diluted with coconut oil on my face. And whenever I did aromataouch- undiluted except for my 7 year old and then I used coconut oil.	Don't know. I used the oils and supplements as recommended (except almost from the start reduced my dose of the Life Long Vitality pack because I could tell it was giving me too much energy) for approximately three weeks.	Again- not completely sure how to answer other than what I have already said. It was daily use of pretty much all applications (except aroma touch technique) for about 3 weeks.	doTERRA	No. Brand new from the company in Utah- except for my first experience at my upline's house three days after Christmas when I had a glass of slim and sassy drops in water. Don't know how old that was.
#14	2/22/2014	me- female 35 at the time	tea tree	placed in hot water for foot bath with epsom salts (not combined with salts prior to putting in water)	not diluted, just dropped into water	3 drops	happened twice - 1st time thought was a fluke, 2nd time it happened knew it wasn't!	Auroma	not at the time
#15	2/7/2014	Adult female, age 51	Peppermint Mentha piperita	topically	undiluted neat	1 drop per location	1 on each temple 1 on back of neck	doTERRA	no
#16	2/5/2014	45yo female	Birch, Frankincense & Lemon Balm	topically	neat application, followed by some coconut oil	2 of each	twice daily	no comment	no
#17	1/30/2014	Female 34yrs (self)	Doterra "breathe"	Orally (under tongue)	Undiluted	1 drop twice a day for three days	no comment	doTERRA	no
#18	2/28/2014	57 year old female	Oregano, wild Mediterranean oregano	Orally...with water to avoid the heat of the oil	A mouth full of water, then undiluted drops squirted into mouth	5-10 drops	Three to four per day	Joy of the Mountain, organic, 70-80% carvacrol	no
#19	3/2/2014	Used in 2003-2005 on myself. I used it from age 24-26. Female	Lemon essential oil was used extensively, but many others were also used.	The lemon essential oil was used numerous times a day in my water for drinking. I diffused other oils for many hours a day, especially Pine and Lavender.	The essential oils were diluted when applied topically only. Otherwise, they were used undiluted.	I would place 1 drop in a 8-12 oz. glass of water. I did this numerous times a day. I also would diffuse essential oils for 4 or more hours everyday. This typically would mean 20 drops diffused of pine or lavender essential oil everyday.	Numerous times a day!	Young Living	Not that I know. I purchased the oils extensively and used them up quickly.
#20	3/3/2014	nanny, 47 yrs, female, consultant of DoTerra essential oils	lemon, and many others internally, citrus bliss blend.	orally, and neat on the skin	mostly undiluted	unknown	unknown	doTERRA	no
#21	3/4/2014	Myself, Age 57, Female	peppermint, tarragon, fennel, caraway, coriander, anise	Topically used on lower abdomen after bath	Neat application	2 gts	single application	doTERRA	Less than 6 months in my possession
#22	3/4/2014	Me, 29 year old female	Roman camomile (anthesis nobilis)	Aromatically (bottle broke in shipment, some got on my hands as well)	Not diluted - high concentration (bottle broke)	Undiluted. Unknown amount. Came from a 5 ml bottle (about 1/4 spilled in the break)	One (?) smell was quite strong in the kitchen all day	doTERRA	no
#23	3/4/2014	32 years, Female	Thieves and Germ Fighter	As a mouth wash without ingesting	Undiluted	1 drop	For thieves, it took 3 days before the side effects kicked in. For germ fighter, it took 7 hours before I felt my lips swelling	Young living (thieves) and Plant Therapy (germ fighter).	no
#24	3/4/2014	Female, age 57	Clove oil	Topical on cold sore on lip	not diluted	n/a	3 (once at night over 3 days)	NYR	no
#25	3/5/2014	Female 29	doTerra Lemon	Oral	Diluted in water	3 drops in 12 oz water	2-Jan	doTERRA	No
#26	3/4/2014	myself, female, age 53	lemon	ingested orally in water	drops were put in water	about 5 drops in 5 ounces of water	1	Mountain Rose	no
#27	3/5/2014	Myself, 39, female	doTERRA's Slim and Sassy metabolic blend.	Orally, in water	N/A	5 drops in about 20 ounces of water	Once or twice a day, for 2 or 3 days. When I realized my blood pressure was up & it might be due to the oil blend, I stopped taking it for a several weeks, then started taking it again. I did this cycle 3 times, each time resulting in elevated blood pressure over a period of 9 months	doTERRA	No
#28	3/18/2014	myself age 61 Female	oregano oil Won with Nature	rubbed on the bottom of feet 3 drops per foot per night	neat as per Youtube video	3 drops per foot	over a period of 9 months	Won With Nature	yes one bottle lasts about 5 months
#29	3/12/2014	Female - age 45	xEO MEGAA® ESSENTIAL OIL OMEGA COMPLEX from DoTerra: "doTERRA's xEO Mega is a revolutionary formula blending CPTG Certified Pure Therapeutic Grade® essential oils of clove, frankincense, thyme, cumin, orange, peppermint, ginger, caraway, and German chamomile, with natural plant-sourced essential fatty acids from flax, borage, cranberry, and pomelo/mandarin seed oils and marine lipids!"	Oral ingestion - 1/2 recommended dosage per day for 3 days	no comment	no comment	3 days - 6 capsules total	doTERRA	no comment
#30	3/13/2014	40 yr old female	Sweet orange oil or possibly lemon oil. Aura Cacia Chill Pill blend (separate instance)	In an Epsom salt bath with plenty of water	Diluted in water and 1/2 C Epsom salt.	5 drops	two, separate days	Aura Cacia	no, brand new
#31	3/26/2014	29 year old female	oregano, melaleuca, lavender	topically and diffused	diluted	diffused about 4-6 drops	One to two applications	doTERRA	NO
#32	3/28/2014	54 yrs old at the time, Female	A blend from YLEO called Joy that consisted of the following oils. Bergamot, Ylang Ylang, Rosewood, Lemon, Tangerine, Jasmine, Roman Chamomile, Palma Rosa, and Rose.	Topically	neat	I was instructed to allow several drops to fall in the palm of my hand and then apply them over my heart area for sadness.	one	YLEO	no
#33	4/1/2014	Me, at about 54-55, female	Oregano	Topically	diluted, but not enough	don't know	one	NOW foods	don't know
#34	4/4/2014	Female 57	Red Thyme	Put into the ear!	undiluted	Several. She used it directly from the bottle and said "Oops the bottle got away from me!"	one	no comment	?
#35	4/8/2014	EO used on me, when I was 70. 2007	Lemongrass	Wanted a sniff of Lavender to sleep. It was dark. I accidentally grabbed the Lemongrass instead (no glasses) and poured on myself in the middle of the night. The bottle had no orifice reducer. I wiped off what I could and tried to go back to sleep. But it made me nauseous, and I had to get up to throw up. Wiped my body off with olive oil, then washed with soap and water and had to change sheets.	undiluted	about 1/4 ounce poured on sheets and body	once in the night	doesn't matter it was pure Lemongrass	?

ID Number	What was the experience during	What was the experience immediately afterwards	What was the experience sometime later
#2	One of the things I was SO excited to try when I got my shiny new essential oils kit from Young Living was trying oils in my water. I'd been told all about the "health benefits" and was really looking for something to add to my water for flavor and variety. I first tried Lemon EO. Within SECONDS of taking my first sip of water, I had a horrid migraine headache, causing me to need to retreat to a dark room for several hours until it passed. I tried Peppermint EO the next day and had almost the exact experience.	After each incident, it took several hours for the migraine to subside.	no comment
#3	On the first day I felt more tired than usual, but it was tolerable. On the second or third day I started having episodes of extreme dizziness, so cut back to only one veggie cap per day of oil. A day or two later, I was driving home from my parent's house and had a SEVERE dizzy spell and believed that I was going to pass out behind the wheel. It was at that point that I stopped taking the oil.	After my worst episode, aside from being scared to death, I still felt "spacy" and disoriented for several hours.	no comment
#4	Increased levels of thirst and dehydration followed by increasing signs of irritation in the mouth and throat until the pain became extreme and the tissues of the lips, gums, cheeks and tongue became bright red and VERY irritated and the pain became unbearable.	This was an ongoing, gradually worsening problem	no comment
#5	Increased feelings of thirst, dehydration, and mouth irritation (reddening of gums, lips, tongue, and inside of mouth, but no pain)	no comment	This was something that came about gradually over time
#6	I started using this oil to help with symptoms of Acid Reflux. At first, taking the oil seemed to help, but over time it stopped working and actually made the reflux symptoms MUCH worse. Upon taking the oil, I would have a cold, burning sensation in my stomach that would last for HOURS, and the incidents of severe reflux, sometimes with acid running up into my mouth or sinuses at night, became much more severe both in the number of incidents, the duration, and the steps needed to remedy the problem.	Usually within 12 to 24 hours of taking the oils, I would have severe diarrhea. It got to the point that I didn't want to leave the house for any reason because I never knew when my bowels would have an episode.	no comment
#7	I did feel relaxed during the massage, peppermint made me feel cold	Later that night I had a migraine headache then the next day I had another migraine	no comment
#8	Oral: Burning lips and throat. Topical: Back of neck and head (mostly in hair line) began burning during massage. Additional coconut oil was rubbed on the area but did not change level of discomfort.	Immediate onset of moderate migraine headache. Was instructed to apply another blend to head named Past Tense (wintergreen, lavender, peppermint, frankincense, cilantro, marjoram, roman chamomile, basil, rosemary) Continued burning of lips and throat, numbness in lips	Headache continued for approximately four hours, prescription medication was of little help. Lips remained burning for several hours, irritation continued for 24 hours.
#9	Oral: Burning lips and throat. Topical: Back of neck and head (mostly in hair line) began burning during massage. Additional coconut oil was rubbed on the area but did not change level of discomfort.	Immediate onset of moderate migraine headache. Was instructed to apply another blend to head named Past Tense (wintergreen, lavender, peppermint, frankincense, cilantro, marjoram, roman chamomile, basil, rosemary) Continued burning of lips and throat, num	Headache continued for approximately four hours, prescription medication was of little help. Lips remained burning for several hours, irritation continued for 24 hours.
#10	my daughter was coming down with a cold and had the start of a cough	Initially, everything was fine	Within a few hours, my daughter was suffering from an itchy rash that entirely covered her upper torso - from shoulder to shoulder and down to her abdomen
#11		no reaction until after a few months of use	after approximately 6 months the tongue started to go numb, gums were extremely sensitive and sore, back of tongue was bleeding, taste buds seemed dead.
#12		burning, red bumps and irritation.	about 1 hr passed before it felt better.
#13	Well for the first week, I felt no better (still had headaches every day and allergies). During taking the aroma touch class and receiving and giving the technique, got a horrendous headache and had a bad bout of allergies (sneezing and runny nose) but this was typical for me so I figured it was either just a coincidence or "detox" which they claim can happen. Following that, I started feeling better. More energy, waking up very early (4 and 5 am) without headaches and brain fog and having energy. Started feeling a very fast heartbeat in the third week. Thought maybe I was just really thrilled to finally be waking up with no headaches and much less allergy symptoms. A couple of days before my big episode (which was on Jan 23, I got concerned for myself one night when I had been laying down for 2 hours but could not slow down my thoughts or my heart rate (100 bpm). I started having a lot of really creative and fast thoughts during the day that were coming so fast, I couldn't express most of them. This is highly unusual for me as a very articulate lawyer and writer. Anyway, I thought I was just excited and feeling good for the first time in two years and that was why my brain seemed to be so clear and busy but it quickly spiraled out of control. I tasted my first Essential Oil on December 28. By the morning of Jan 23, I was full on delusional. My husband found me at 5 in the morning in the tub, rocking back and forth and feeling like I was in labor (but I wasn't pregnant). I was refusing to get out, refusing to go to the hospital or say anything really to him except to beg him to pray for me. He finally along with my sister convinced me to get out of the tub. I got back in bed and hardly remember another thing until like 6 hours later when he took me to the ER. He told them he suspected the oils. They were mystified and had no experience with oils. They tested me for drugs and the test was positive for opiates. My racing thoughts, speech and delusions worsened significantly at the ER. Also, I was extremely parched, my resting heart rate was racing (120) and I started breaking out in boils and blisters. They released me the next morning with instructions to my husband to have me rest and avoid the oils. He took all the oils away and for the next two weeks, I experienced what I imagine addicts go through during withdrawal. Shakes, fevers, extreme thirst, neuropathy in hands and feet, chest pains, extreme muscle and joint weakness, depression and anxiety, more delusions and paranoia, feeling of dread and impending death, boils and rashes. My family could probably describe more. It was hell. I am convinced there is some drug in the oils. Or if not, they should really have to tell people the stuff is natural but can damn near kill you and make you delusional!	After another ER visit, many specialist and therapist visits and being off the oils for three- four weeks, I am finally regaining my equilibrium both physically and emotionally.	
#14	placed hand into water to "swill" the oil - no reaction at the time	no reaction	next day woke up with blisters under finger nails on hand that had been placed in water to "swill"
#15	Burning, discomfort, burning in the eyes from the fumes. It was awful	The same	It got less intense after I added coconut oil on top of the peppermint.
#16	non-itching, red rash down the inside of the arm (applied to the shoulder)	reaction started after 4 or 5 days of application	3-4 days after dc lemon balm and applying extra coconut oil, rash faded
#17	Bad taste. Coughing	none	Day three I stopped use due to tightening of throat. This has continued for over 3 weeks now. Tight throat, feeling like I have asthma.
#18	Rash developed on palms of hands and a few places on arms	Within four weeks	It took many weeks for the rash to finally completely go away, maybe 2-3 months
#19	None known.	I felt good because I thought I was doing something good for my body.	I started having what I felt was kidney and bladder pain in 2004, but no signs of an infection were present. I would have to urinate frequently, and my sleep was interrupted by needing to void a couple times every night. My physician thought it was due to bacterial vaginitis. The symptoms continued. I got pregnant at the end of 2005. I had frequent cramping/contractions, and would leak urine. Nothing could be found wrong. This continued with my next 2 pregnancies, as well. I learned to manage my kidney and bladder pain for the next 6 years by taking frequent baths to deal with the pain. I learned to cope with the interrupted sleep. I would wear pads continuously, to absorb the urine leakage.
#20	red spreading irritated rash around the eyes and mouth	took a long time to go away	no comment
#21	A feeling of fullness, nausea and now flatulence	Topical warmth after 5 minutes or so	It has just been an hour or so now. Audible tummy rumbling
#22	none	Headache/irredness	Violent vomiting all night and two days after when exposed to a small amount of the same oil again
#23	Burning sore-like feeling in my inner and outer lip, gum and tongue. Swollen lips.	Mouth ulcers, lip sensitivity	I couldn't take the pain after 2 days. So I went to the doctor to get antibiotics and meds to reduce inflammation. After about 5 days, my mouth was almost back to normal.
#24	Tingling and redness	Redness and cracking	Open, bleeding sores within 2-3 days
#25	Nothing	Nothing	Couple hours later nausea and stomach pains. Felt lik stomach lining was being burned through
#26	almost an immediate reaction. I started to feel hot, itchy, felt like it was difficult to breath, hives started breaking out on my arms and legs.	did not feel well for several hours afterwards, no long term effects	no long term effects
#27	Elevated blood pressure. From the normal range (about 120/72) to high (155/100).	It took about 24 hours for my blood pressure to go back to normal after the last dose	Normal blood pressure after 24 hours
#28	none that I related to the oils, but I have rapid heart beat, and dizziness I thought was caused by something else	no infections in the lungs and sinus as stated in the videos	burning in mouth and tongue after several months
#29	TERRIBLE heartburn that kept me up all night long, literally. Stomach discomfort, cramping, indigestion.	Began shortly after taking first dose	Lasted several days
#30	itching, stinging skin where the water touched, after 5 minutes of soaking in bath	Continued after washing and drying off, for 20-30 min	Nothing
#31	Topically I immediately reacted by having itching and sores and a bad burn/ rash on my skin. Diffused I starting having major migraines/ headache like syptoms for a few days and I don't ever normally have headaches.	Feeling a burning sensation and putting on fractionated coconut oil to take off the oil on my skin. I had a severe burn that started peeling for over a week and a scab started forming.	Almost two weeks passed before I saw some improvement on my skin but I know have a scar from where the burn was.
#32	within several minutes after applying the blend I experienced a burning itch.	About 15 - 30 min. or so later a round patch of blisters appeared over the area I had applied the oil	healed in about a week. This took place in 1996.
#33	BURN!!!!	I rinsed it off quickly and held a cold cloth to my cheek. I had a red well there for a few days.	2-3 day
#34	Awful burning in the ear canal. Burned tissue	Felt awful and knew it was NOT good!	Scar tissue and pain for a few weeks and very hard to heal ear canal.
#35	Nausea, vomiting, headache	already explained	none

ID Number	Describe if any medical intervention	What type of essential oil session did you receive	Dates of essential oil application(s)	Personal Testimonial Page
#2	no comment	no comment	January 2013 to July 2013	
#3	No doctors needed	After inquiring from my upline's help group about essential oils that would aid in helping to maintain or reduce blood pressure	Over one week in February of 2013	
#4	Our naturopath, Dr. Linda Kantor, in Casper, Wyoming was the first person who mentioned that it was likely the oils that were causing the thirst, dehydration, irritation, and pain	no comment	January 2013 to July 2013	
#5	No medical intervention	no comment	January 2013 to July 2013	
#6	no comment	no comment	I continued using the oils in this way from February 2013 to July of 2013.	I still occasionally use this oil blend for stomach upset or reflux, but I only use the oil topically or on VERY rare occasion in a veggie cap, heavily diluted
#7	none	massage, AromaTouch Technique	Oct-12	
#8	Prescription medication for headache, Relpax, 40 mg x2	doTerra AromaTouch massage performed by a Registered Nurse (licensed and working at hospital in Indiana)	4-Sep-13	
#9	Prescription medication for headache, Relpax, 40 mg x2	doTerra AromaTouch massage performed by a Registered Nurse (licensed and working at hospital in Indiana)	September 4-2013	no comment
#10	within three days, the itching went from intermittent to non-stop and I had to take her to our pediatrician.	no comment	roughly 9 months ago	This incident happened when I was new to Young Living and using essential oils. I used the oils neat at the advice of other YL users/distributors. Everyone told me the oils were pure enough to use neat, the suggestion of diluting oils is never mentioned, because, you know, these oils are "just that pure!". I never knew that you cannot use a blend with lemongrass in it on a child, because everyone suggested it and others have done it. When I contacted people on the facebook support group about her reaction, I was told it was a Detox Reaction, mainly because my daughter has been routinely vaccinated from birth. To help the situation some suggested I use some oils to help with the rash and to continue the detox my 5 year old. I followed what I thought was learned advice and did as they suggested, because I was desperate for ANYTHING that would end her misery! One of the suggestions was to use Peppermint, neat, because it would stop the itching. It only made things worse. Within an hour or so of applying the peppermint, the itching became non-stop and unbearable and we had to take her to the Pediatrician that afternoon for medication.
#11	none taken		approximately June through December 2012	
#12	no response	I don't know? It is called On Guard Protective Blend from doTERRA.	September/October of 2013	I am very concerned about using this blend neat and ingesting it. When I shared about by skin burning and the red bumps and that I dilute it, and all my oils now, I was told that I must have sensitive skin by the person who told me to ingest and use oils neat. I should have known better to trust this person: she is not trained at all in the craft of aromatherapy, she is just a MLM representative, and is merely preaching what she was taught.
#13	I was first at Anne Arundel Medical Center on the 23 of Jan. They had no idea what was happening. They found the opiate in my urine. They gave me Ativan and zyxorexa- and put me in a psyche observation room for the night. I was terrified. I went for a follow up urine test on the 27th- It was negative. I went to Baltimore Washington Medical Center ER on Jan 27, with chest pains and muscle weakness and all over boils and rashes. They gave me a shot of Benadryl and referred me to the midwife for hormone testing and for counseling for the grief I was expressing. Also they recommended natural practitioners who may know about oils. I saw a naturopath soon after who allegedly knew about oils but seemed to know very little when so saw her. My lawyers sent me to a Psychiatrist who didn't even look at any of the records, spoke to me and my family for 20 minutes and said I might be schizophrenic. More terror. I saw my midwives who reviewed a full ultrasound and said that was all normal. I finally found a Chinese doctor in town (George Yu, MD) who knows about natural healing and he has been treating me for three weeks to get the oils completely out of my system. I have also seen my GP and a counselor. This has been extremely traumatic. My headaches and allergies are back so that stinks. But at least my brain is working again!	no comment	no comment	
#14	No medical sought	personal use at home	6 years ago	Had used tea tree undiluted on toe nails in the past with no reaction, had used in foot bath pre mixed with other oils/carriers, not problems. Had an infected toe at the time, just wanted to give it a soak and added eo to warm water. 1st time it happened, thought it was just a fluke and didn't associate the oil to the blisters. 2nd time, realised it was due to tea tree (swirling hands in warm water to do dishes does not cause this reaction). Have not done it again.
#15	none	none. Was advised by a DT REP to apply peppermint oil neat to my temples and neck.	Jul-13	
#16	none	no comment	Nov 1-5, 2014	
#17	Saw doctor (family doc) said we cant prove the swelling in my throat was from the oils but believes it is.	no comment	January 3-5 2014	
#18	Primary care Dr examined me and gave the diagnosis of medicine reaction	none.	Early 2013, taken over 4 weeks	This oil as well as another brand was recommended to me by an author who has crohni's disease and has healed herself using essential oils and many other supplements and diet. She even gives it to her children. I see many aromatherapists suggest and use essential oils internally and it bothers me. Essential oils are not tested for this use by the AMA.
#19	Finally, a new physician I had an appointment with at Sanford in Fargo, ND suggested I get checked for interstitial cystitis in April 2012. The in office test confirmed the condition, and I finally had an answer to my issues.	Personal use.	2003-2005	Interstitial cystitis symptoms are best described as this: imagine having an open wound on the palm of your hand, and pouring lemon juice on it. That pain would be excruciating! My bladder was damaged, and the nerves would send the pain signals up and down my back. I decided to avoid the prescription medication to try and treat it. Instead, I opted to change my diet to not include citrus, high vitamin C foods, and ascorbic acid (which is in almost everything). This included avoiding vitamins of all kinds that have vitamin C, as they would trigger bladder/kidney pain. My urine leakage ended, as did the kidney pain and bladder pain. I also didn't have the frequent restroom trips. I got pregnant at the end of 2013. The pregnancy went smoothly. When I'm not careful with my diet, the pain and leakage does come back. Being careful with my diet is the key for me to live with this condition.
#20	talked to a Japanese fungus expert, who said the rash must have come from irritation of the adrenals	no comment	no comment	no comment
#21	n/a	n/a		3/3/2014 These may be normal symptoms for this blend but I find it uncomfortable. I stopped using it because of these symptoms. But this evening I thought I would go it a try again. If this is supposed to produce flatulence then it works. The nausea is not pleasant. I just read tarragon is supposed to reduce flatulence. When I first began using this I thought symptoms to be normal. Tonight symptoms are more uncomfortable. I want to go to bed and sleep the symptoms off. Is this normal?
#22	None	None		2/19/2014 This could have been an allergic reaction or an overdose, but it is important for people to be careful. In my case the bottle broke in shipment, but hindsight is 20/20 and I would have cleaned it up and kept everything outside had I realized what would have happened. I wasn't sure the camomile was the cause, but two days later, I was exposed to it again when making a blend. I went into vomiting this again. I have been avoiding the oil since (to detox) and have not had any problems. Prior to the whole mouth swelling thing, I had used thieves in the same manner about 2-3 times before without any side effect.
#23	n/a	Mixed a drop with toothpaste. No ingesting.	20 Feb 2014 and 1 March 2014 (stupid me thought that maybe it wasn't the oils, that is why I tried germ fighter the 2nd time)	
#24	n/a	n/a	unsure	My mother had heard that using clove oil neat could get rid of a cold sore on her mouth, so she was dabbing it on a night. She experienced tingling and redness, but was told that was normal since it was a "hot" oil. After the 3rd application, she woke up the next morning with her mouth covered in open, bleeding sores. She is now sensitized to clove oil and cannot use it.
#25	Nothing	no comment	no comment	no comment
#26	no medical intervention, I took 3 Benadryl	no comment	no comment	no comment
#27	I monitored & recorded my blood pressure & heartbeats per minute	I used other doTERRA oils to bring my blood pressure down, in addition to beetroot powder	June 2013, August 2013, November 2013. I don't have exact dates with me at the moment	I love doTERRA essential oils, they have been life changing for me & my family. Slim & Sassy is the only one that has a negative effect on me. I have several health issues, including metabolic syndrome. I was hoping this metabolic blend would help me.
#28	Dr. Mikeworth of OSF Medical group prescribed Maalox-Diph-Lidocaine 2 ML by mouth 4 times daily for mouth throat discomfort. I did not relate the mouth burning to E.O. usage and did not realize that my liver was going out again. I have been treated for heart palps, and high blood pressure just this year. The palps are gone now after just 3 days of not taking the oil on my feet. My Doctor was going to put me on Trazdone for sleeplessness and I told him of my Hep-C condition. I asked to be tested. I had my blood drawn on 2/13/14 and it was sent to Mayo Clinic. The HVC RNA AB tested 5760000	just Youtube videos	June- March 3, 2014	the oil did stop all infections. And darned near stopped me too!
#29	no comment	no comment	no comment	no comment
#30	None	no comment	February and March 2014	I do not fault Aura Cacia at all. I suspect I might be topically sensitive to either the sweet orange or citrus oils in general. The first instance, I can't remember if it was orange or lemon oil that affected me. The second instance, I used the Chill Pill blend, not thinking about my reaction a week earlier. Chill Pill contains sweet orange, and the other oils in the blend are oils I have used with no adverse effects.
#31	no comment	no comment	Sometime in Feb and March. Happened twice in different dates from different oil.	I first started using doTERRA in Feb. 2013 and then started using them regularly in Feb 2014. I only used the lavender for my daughter and then I started ingesting them after I had a really bad cold and allergies. I first started noticing a reaction to the oils when I would put them on my hands and little sores would start forming. I ignored it to being too sensitive. Then I put some melaleuca diluted with FCO in a syringe for a yeast infection and got a real bad rash that lasted for a few weeks. Again I ignored it to being too sensitive. After a few months not using the oils a friend invited me to host a class to learn more about the oils and I thought that would be a good idea since I was still fairly new. After that I started seeing ways I can use the oils internally by diluting them in some water. I did that with allergies, sore throats, and colds. I didn't notice anything until I started getting lots of congestion and phlegm buildup. I attributed it to the cold but after I stopped using them for awhile the phlegm drainage became less and then stopped. I went to a friend's house and I got bad allergies from being around her cat so she diffused some oils and I got a headache immediately. I diluted frankincense in my house and also had bad headaches/ migraines for a week after I stopped diffusing. Now that I no longer diffuse the oils I don't get headaches anymore. My 1 year old daughter has only had a rash on her skin when I didn't dilute the oils on her chest for a cold. I now just use a roller bottle diluted with FCO on her feet. When I contacted the team who I hosted the class for and told my reactions to the oils I only was told that I was too sensitive and should heavily dilute when applying to skin and use them only on my feet and ingest with water. I didn't know we can report this and have more companies aware of the potential dangers and adverse reactions that these oils can have on individuals especially for those new to the oils.
#32	none	My then husband just sponsored into this MLM. I had never heard of essential oils before this time. We were visiting his parents in Lancaster Co. Pa, Amish country. He signed a lot of Amish people into the MLM. They were drinking the oils, putting one on after the other on their bodies neat. It was crazy the way they were using them. Seriously you could smell them coming a block away because of the different oils they put on their bodies. My then husband was doing the same. They were told....they were 100% pure therapeutic oils and will not harm you.	Whenever I told the up-line rep what happened she said, she could not answer why that took place. She also stated that usually whenever there is a reaction from an oil the body is detoxing.	
#33	nope	self	4 or 5 years ago	I was using Oregon oil in a scalp oil. I made it too strong and it dripped down onto my cheek and burned it. OUCH!
#34	Went to Urgent Care after flying home...not comfortable. Follow up showed very irritated ear canal. July 25 2012 Mercy Care Clinic, Dr. Coleman several follow ups and ear was never quite the same.	Registered Nurse did this. She also runs a spa. I was sick with an ear infection and she said "m going to put oil in your ear. I assumed it to be sweet oil like mom did. no Red Thyme essential oils.	Jul-12	I was totally shocked that she would do this. I was so sick I was delirious and it was too late to stop. Applied from the bottle and way too much went in. I would have never used neat essential oil in my ear canal.
#35	none	none	one night in 2007	Put your glasses on before grabbing essential oils so that you don't make a mistake